



## **ANNOUNCING**

# **The 2021 La Jolla Figure Skating Club's Open Championships**

**May 15<sup>th</sup> & 16<sup>th</sup> 2021**

**Sponsored by the La Jolla Figure Skating Club.....Sanctioned by US Figure Skating**

**Event to be held at the UTC Ice Sports Center, University Towne Centre  
4545 La Jolla Village Drive San Diego, CA 92122  
[www.LaJollaFSC.com](http://www.LaJollaFSC.com)**

**ENTRY DEADLINE: April 23, 2021 at 11:59pm PDT  
(April 24, 2021 at 2:59am EDT)  
Entries will only be accepted **online via EMS****

**Entries will close sooner if maximum# of programs is reached prior  
to deadline**

### ***For further information contact:***

**Co-Chair:**  
Janice Ridenour  
[president@lajollafsc.com](mailto:president@lajollafsc.com)

**Chief Referee:**  
Carylyn Landt

**Co-Chair/Registrar:**  
Idoia Subinas  
[membership@lajollafsc.com](mailto:membership@lajollafsc.com)



#### Entry Restrictions for 2021 due to COVID 19:

- **Competition is limited to a maximum of 200 programs/starts**
- **Skaters may enter a maximum of 2 programs/per skater**
  - Skaters who enter more than 2 events will have entry fees for additional events refunded. Processing fees on additional events will NOT be refunded.
- **As required by the local health department, only skaters who reside in San Diego, Los Angeles, Orange, Riverside or Imperial Counties of CA may enter**
- **NO Props/scenery will be allowed in Showcase events, this includes handheld props**

**Failure by Skaters, Coaches or Chaperones to follow COVID protocols will result in disqualification from the competition and forfeiture of entry fees**

#### COVID-19 INFORMATION:

- **All attendees are always required to properly wear face coverings** over their nose and mouth and secured under their chin while in the facility. Depending on Tier status at the time of competition, skaters may have the option to remove their mask for their performance ONLY! Final decision on this will be made at the time of the Pre-Event Zoom call. This is not only for your protection, but for the protection of others and is applied to all attendees.
- **Social distancing must be maintained at all times.** The CDC recommends a distance of 6 feet and separate pathways will be established within the venue (minimizing crossover and contamination).
- **Spectators:** No spectators will be allowed within the Rink Area. There is limited seating outside the Rink Area in the Mall. Additional viewing space may or may not be available upstairs in the Dining Terrace area – availability will depend on Tier Status at the time of the competition.
- **Chaperones:** Athletes 17 and under will be permitted ONE chaperone. Chaperones must remain in the skater prep areas inside the Rink Area.
- **Coaches:** Each Skater will be allowed a maximum of 1 coach per event/program.
- **U.S. Figure Skating Waivers are required for ALL athletes.** The online waivers are included in EMS and must be completed in order to finish the registration process.
- **Locker Rooms/Changing Rooms:** There will be **NO** locker rooms or changing rooms available in the Rink Area. Skaters must plan to arrive at the Rink Area with costumes on and hair & make up done. The Rink Area will be for putting on skates ONLY.
- **Pre-event Communication:** Zoom calls will be scheduled with coaches and competitors/parents once the detailed schedule is posted.

The 2021 La Jolla Open Championships will be conducted in accordance with the rules and regulations of U.S. Figure Skating, as set forth in the current rulebook, as well as any pertinent updates which have been posted on the U.S. Figure Skating website.

This competition is open to eligible, restricted, reinstated or readmitted persons as defined by the Eligibility Rules and is a currently registered member of a U.S. Figure Skating member club, a collegiate club or an individual member in accordance with the current rulebook. Please refer to the current rulebook for non-U.S. Citizens.

#### **ELIGIBILITY/TEST LEVEL:**

**Test level:** Competition level is the highest test passed as of the entry deadline in the discipline the skater is entering. Entrants may skate **TWO** levels above their test level, but they may not skate down in any event. **It is an ethical violation for coaches to sandbag an event.**

#### **Age restrictions/requirements:**

Juvenile Girls events: 12 years of age or younger at the close of entries  
Juvenile Boys events: 13 years of age or younger at the close of entries

Open Juvenile Ladies events: 13 years of age or older at the close of entries  
Open Juvenile Men events: 14 years of age or older at the close of entries

#### **Groups General:**

- Skaters entering Starfish(High Beginner)–Pre-Juvenile events will be divided as closely as possible by age should the number of entries warrant more than one group.
- If there are not enough entries to hold an event, boys and girls may compete against each other at the Preliminary level and below.
- Showcase disciplines (Light/Dramatic) may be combined

#### **ENTRIES:**

All entries must be submitted online via [EMS](#) by: **11:59pm PDT on April 23, 2021 (April 24, 2021 2:59am EDT)**

**Due to COVID and the need for extra planning time - NO Late Entries will be accepted.**

**\*\*Short Programs and Free Skating for Intermediate-Senior are individual events and are not combined\*\*.** Skaters must register for each separately in EMS.

**Fees: *online processing fees are additional and are NOT refundable***

Events	\$
Short Program: Intermediate - Senior	\$80
Well Balance Free Skate IJS: No Test – Pre-Juvenile	\$80
Well Balance Free Skate IJS: Juvenile – Senior; Adult Silver-Adult Gold	\$80
Well Balance Free Skate 6.0: Adult Pre-Bronze-Adult Bronze	\$75
Excel Program 6.0: High Beginner	\$75
Excel Program IJS: Excel Plus levels and Pre-Preliminary - Senior	\$80
Showcase: All Levels	\$75

**REFUND POLICY:** Entry fees will not be refunded after **April 23, 2021** unless no competition exists or the event is canceled. There will be no refunds for medical withdrawals. The online processing fees are not refundable. E-checks returned for non-sufficient funds and contested credit card charges will be issued a **\$25.00 fee**. Payment of the fee will be required before the skater is allowed to participate in the competition.

**LIABILITY:** U.S. Figure Skating, La Jolla Figure Skating Club, and UTC Ice accept no responsibility for injury or damage sustained by any participant in this competition. This is in accordance with Rule 1600 of the official U.S. Figure Skating Rulebook.

**MUSIC:**

Online music submission via EMS is the **ONLY** acceptable method to submit program music.

**EMS SKATER MUSIC UPLOAD HOW TO:** [CLICK HERE](#)

**If you need assistance, email** [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)

**Deadline for uploading music is Monday, May 3, 2021 11:59pm PDT (May 4, 2021 2:59am EDT)- \$10 late fee.**

**MUSIC CRITERIA:**

- File Format: MP3
- Bit Rate: 192 kbps or higher and Sample Rate: 44,100 kHz
  - This will be verified by the music chair and they may request you upload a corrected file.
- Leaders and trailers (the silence or "dead space" before and after the actual start and end of the program music) may not exceed two (2) seconds. We prefer that there be NO leaders or trailers at all. Excessive leaders and trailers may disrupt the playing of the music during competition.

Competitors must also bring a copy of their competition music on CD or a phone (skater/coach must provide appropriate connectors if using phone) as a backup in case of technical difficulties and must be available rink side during the competition.

**EMS PLANNED PROGRAM CONTENT (PPC) FOR IJS EVENTS:**

**DEADLINE: May 3, 2021 11:59pm PDT (May 4, 2021 2:59am EDT) - \$10 late fee**

Competitors participating in IJS events are required to submit PPC in EMS no later than **May 3, 2021 11:59pm PDT**. After this date, skaters will be locked out of this feature in EMS and subject to a **\$10 late fee**. The late fee will automatically be added to each skater's cart who doesn't meet this requirement by the deadline. Late fees will not be removed under any circumstances and must be paid prior to receiving the skater credential onsite.

**EMS PPC UPLOAD HOW TO:** [CLICK HERE](#)

**If you need assistance, email** [productsupport@usfigureskating.org](mailto:productsupport@usfigureskating.org)

**TEST CREDIT:** Test Credit will be offered. Skaters must register for it in EMS under Merchandise when they register. Reminder – Test Credit is only available for Juvenile-Senior levels.

**Deadline to register for test credit is April 23, 2021 11:59pm PDT (April 24, 2021 2:59am EDT).**

## **JUDGING SYSTEM:**

**The International Judging System (IJS) will be used for the following events:**

- Well Balanced Program free skate events: No Test –Senior; Adult Silver – Adult Gold
- Short program events: Intermediate – Senior
- Excel Pre-Preliminary – Senior; All Excel Plus Events

All competitors skating in these events need to submit the planned program content form online via EMS ( [www.usfsgaonline.org](http://www.usfsgaonline.org) ) .

**The deadline to submit the form is May 3, 2021 11:59pm PDT (May 4, 2021 2:59am EDT).**

**The 6.0 Majority Judging System will be used for:**

- Excel High Beginner
- Adult Pre-Bronze & Bronze Well Balanced Free Skate events
- Showcase Events – all levels

**REGISTRATION:** Registration will begin Saturday, May 15 and end Sunday, May 16. Registration will be open one hour before the first event and run through the last event of the day. The registration table will be located in the lobby of UTC Ice. Please register at your designated time in the detailed schedule posted online.

**OFFICIAL NOTICES:** An official bulletin board will be maintained near the Registration Desk. It is the responsibility of each competitor, parent and coach to check the bulletin board frequently for any schedule changes and/or additional information. Skaters are requested to arrive 45 minutes prior to the scheduled time of their event. A tentative schedule of events will be posted prior to the competition.

**PRACTICE ICE:** No official practice ice will be offered through the club. UTC Ice will schedule additional freestyle sessions on competition days once the competition schedule is finalized. A link to sign up for sessions will be on the club website ([www.lajollafsc.com](http://www.lajollafsc.com)) and [www.utcice.com](http://www.utcice.com) once times are confirmed .

**PHOTOGRAPHY/VIDEOGRAPHY:** Due to COVID 19, no group awards photos will be taken. Individual awards photos may be available, space permitting. Action Photography and Video, if facility capacity limits allow and vendors are available, will be available for purchase online - ONLY.

**Note, per U.S. Figure Skating policy, photographing and/or recording of anyone other than your own skater is strictly prohibited.**

**AWARDS:** Medals will be given for First, Second, Third, and Fourth place finishes in all events. In the event of a tie, all skaters finishing in First – Fourth place will receive medals.

**FACILITIES:** The UTC Ice Sports Center is indoors, located in a mall with an overlooking food pavilion. The ice surface measures 185' x 85' with slightly rounded corners. The rink is conveniently located within the Dining Terrace of the University Towne Center Mall.

**SOUTHERN CALIFORNIA INTERCLUB SERIES INFORMATION:** The La Jolla Open is part of the Southern California Invitational Series. All Skaters in Pre-Preliminary Free Skate events and higher (Bronze for Adults) earn points which could earn them an invitation to the Series Final in September. Visit the Southern California Inter-Club website for more information - <http://www.socalinterclub.org>

### **INFORMATION REGARDING COACHES:**

To be a credentialed coach at a sanctioned nonqualifying competition, coaches must meet the compliance requirements listed below and be verified by U.S. Figure Skating:

#### **Coach/Choreographer (domestic/non-foreign):**

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member.
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
- The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
- The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Must complete the Professional Coach/Choreographer Coaching Education Requirement (CER) through the [Professional Skaters Association \(PSA\)](#).
- ✓ Must submit proof of general liability insurance with limits of \$1 million per occurrence/ \$5 million aggregate.
- ✓ Must agree to the U.S. Figure Skating Code of Ethics. \*
- ✓ Must complete three waivers: 1) Assumption of Risk, Waiver and Release and Indemnification Agreement, 2) Medical Consent and 3) Name and Likeness Release and Consent Agreement. \*
- ✓ If attending a qualifying competition or traveling as a part of Team USA and/or International Selection Pool (ISP), must be a full member of the [Professional Skaters Association \(PSA\)](#).

#### **Learn to Skate USA Coach:**

- ✓ Must be a current full member of U.S. Figure Skating either through a member club or as an individual member OR Learn to Skate USA instructor membership
- ✓ If 18 years or older, must submit information for, proper payment of \$30 and successfully pass a background check. \*
- The background check will be valid for two seasons, the one in which it was completed plus one additional.
- ✓ If 18 years or older, must complete annual SafeSport Training. \*
- The training will be valid for 365 days from date of completion and there is no cost for the training/certification.
- ✓ Learn to Skate USA Instructor Certification completed OR U.S. Figure Skating compliance coach (details above)

\* Accessible via U.S. Figure Skating Members Only Website:

[www.usfsaonline.org](http://www.usfsaonline.org) → Person Icon  or Account → Member Profile → Compliance

#### **Foreign Coach/Choreographer:**

- ✓ Required to present the LOC with a letter from their federation verifying they are a member in good standing.

For more information regarding Coach Compliance, please visit the [Coach Compliance](#) page.

**CONTACT INFO:** If you have questions, please contact:

#### **Co-Chair:**

Janice Ridenour  
323-843-2185  
[president@lajollafsc.com](mailto:president@lajollafsc.com)

#### **Chief Referee:**

Carylyn Landt  
[clandt@ucsd.edu](mailto:clandt@ucsd.edu)

#### **Registrar:**

Idoia Subinas  
858-242-9339  
[membership@lajollafsc.com](mailto:membership@lajollafsc.com)

## **PARKING:**

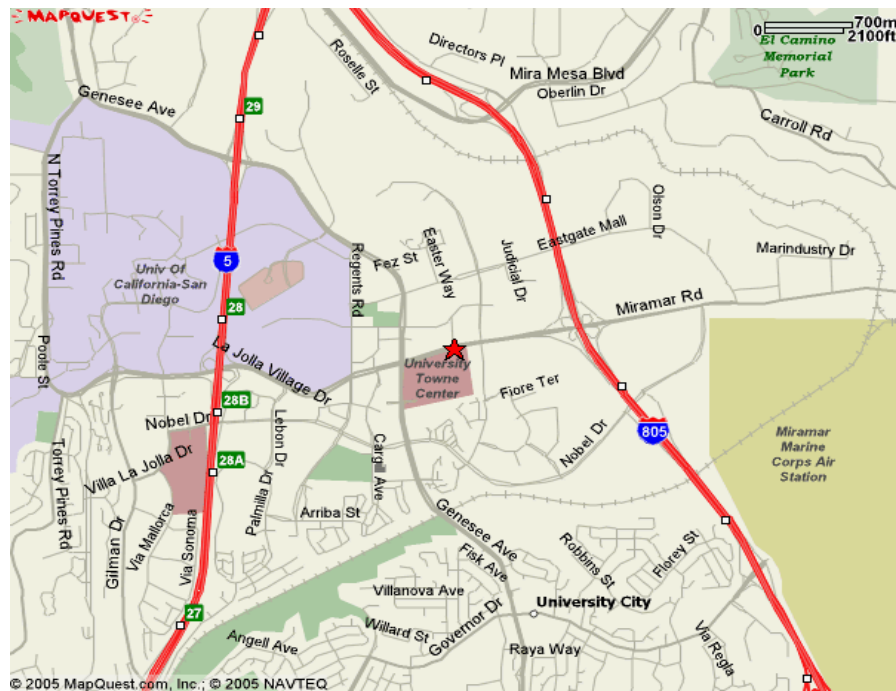
Westfield UTC charges for parking. Parking tickets can be validated at the UTC Ice Sports rink for up to 4 free hours of parking. After the 4 hours the cost is \$2/hour. Please bring your parking ticket with you to the Registration Desk.

## **ADDITIONAL INFORMATION:**

**\*Accommodations:** Please check our website at [www.LaJollaFSC.com](http://www.LaJollaFSC.com) for hotel information, any additional information and updates.

### **\*Directions to UTC Ice Sports Center:**

- Take I-5 South to 805 South
- To La Jolla Village Drive – Exit West/Right
- To Towne Centre Drive – Turn Left
- Turn Right into Shopping Center (2<sup>nd</sup> Driveway)
- UTC Ice is located below the dining terrace







## U.S. Figure Skating Non-qualifying Competition

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### **EVENT: SINGLES SHORT PROGRAM - 2021-22 Singles Short Program Elements**

The short program events listed below will be skated. Athletes and coaches are responsible for going to the U.S. Figure Skating website/rulebook for rules, program length, etc.

- A. Senior Short Program – Rule 6411
- B. Junior Short Program – Rule 6421
- C. Novice Short Program – Rule 6431
- D. Intermediate Short Program – Rule 6441
- E. Juvenile Short Program – Rule 6451

[2021-22 Short Program Elements](#)

### **EVENT: Well Balanced Program Free Skate - Singles**

General event parameters: Skaters may not enter both a Well Balanced Free Skate event and an Excel Program event at the same non-qualifying competition.

1. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
2. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
3. Either IJS or the 6.0 judging system may be used for this event.

- A. Senior Free Skate Program – Rule 6412
- B. Junior Free Skate Program – Rule 6422
- C. Novice Free Skate Program – Rule 6432
- D. Intermediate Free Skate Program – Rule 6442
- E. Juvenile/Open Juvenile Free Skate Program – Rule 6452
- F. Pre-Juvenile Free Skate Program – Rule 6461
- G. Preliminary Free Skate Program – Rule 6471
- H. Pre-Preliminary Free Skate Program – Rule 6481
- I. No Test (Surfer) Free Skate Program – Rule 6491

[2021-22 Well Balanced Free Skate Requirements](#)





## U.S. Figure Skating Non-qualifying Competition

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### **EVENT:** 2020-2021 Excel Free Skate

#### General event parameters:

1. Skaters may not enter both a Well-Balanced Free Skate event and an Excel Free Skate event at the same non-qualifying competition.
2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
3. Level will be determined by the highest Free Skate test passed at the close of entries. Skaters may compete at the highest level they have passed, or "skate up" to one level higher.

### **Pre-Preliminary events and above & all PLUS events will be run as IJS High Beginner events and below will be run as 6.0**

For events is run as 6.0, the following deductions will be taken:

- 0.1 from each mark for each technical element included that is not permitted in the event description.
- 0.2 from the technical mark for each extra element included.
- 0.1 from the technical mark for any spin that is less than the required minimum revolutions

- A. Excel Senior
- B. Excel Junior
- C. Excel Novice
- D. Excel Intermediate
- E. Excel Juvenile Plus
- F. Excel Juvenile
- G. Excel Pre-Juvenile Plus
- H. Excel Pre-Juvenile
- I. Excel Preliminary Plus
- J. Excel Preliminary
- K. Excel Pre-Preliminary
- L. Excel High Beginner (a.k.a. Star Fish)
- M. ~~Excel Beginner (a.k.a. Sand Castles)~~ – **NOT OFFERED IN 2021**

[2020-21 Excel Free Skate Requirements](#)

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### **EVENT:** Adult Free Skate

#### General event parameters:

1. Skaters may not enter both a Well Balanced Free Skate event and an Excel Program event at the same non-qualifying competition.
  2. Skaters will skate to the music of their choice. Vocal music is permitted at all levels.
  3. Level will be determined by the highest free skate test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
- A. Championship Adult Gold & Adult Gold Free Skate – Rule 6531
  - B. Championship Adult Silver & Adult Silver Free Skate – Rule 6541
  - C. Adult Bronze Free Skate – Rule 6551
  - D. Adult Pre-Bronze Free Skate – Rule 6561

[2020-21 Adult Free Skate Requirements](#)

### **EVENT:** Showcase Events –

- **Light Entertainment Events**

- Choreographic Artistry
- Lyrical Pop
- Character Performance
- Comedic Impressions

**Format:**

- Showcase program that should express a carefree concept or storyline designed to uplift and entertain the audience through related skating movements, gestures and physical actions.
- Light entertainment categories will be combined as needed by the referee
- **Props and Scenery are NOT permitted due to COVID 19**

- **Dramatic Entertainment Events**

**Format:**

- Programs should express intense emotional connection and investment in the music, choreography and theme concept through related skating movements, gestures and physical actions.
- **Props and scenery are NOT permitted due to COVID 19**

- **Duet Events – not offered due to COVID 19**

### **General event parameters:**

1. Level will be determined by the highest free skate or dance (solo or partnered) test passed. Skaters may compete at the highest level they have passed, or skate up to one level higher.
2. The determination of level will be based upon test requirement at the entry deadline
3. Current guidelines and procedures for non-qualifying showcase competitions can be found at [www.usfigureskating.org](http://www.usfigureskating.org).
4. Showcase disciplines (Light & Dramatic) maybe combined at the discretion of the referee.
5. Depending on the number of entries, boys and girls may compete against each other in Showcase events.



## U.S. Figure Skating Non-qualifying Competition

**EVENT:** Showcase Events – ALL Events

Event	Must meet requirements* Must have passed Free Skating or Dance test (solo or partnered standard track)	Must not have passed Free Skate or Dance (solo or partnered) Test or higher	Age	Time
High Beginner (does not qualify for National Showcase)		Pre-Preliminary Free Skate	No minimum age <b>(max age 17)</b>	1:30 max
No Test(Surfer) (does not qualify for National Showcase)		Pre-Preliminary Free Skate	No minimum age <b>(max age 17)</b>	1:30 max
Pre-Preliminary (does not qualify for National Showcase)		Preliminary Free Skate	No minimum age <b>(max age 17)</b>	1:30 max
Preliminary	Preliminary Free Skate	Pre-Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 17)</b>	1:30 max
Pre-Juvenile	Pre-Juvenile Free Skate	Juvenile Free Skate OR Juvenile Free Dance	No minimum age <b>(max age 17)</b>	1:30 max
Juvenile	Juvenile Free Skate, Juvenile Free Dance or Preliminary Pattern Dance	Intermediate Free Skate Intermediate Free Dance or Bronze Pattern Dance	Under 13	2:00 max
Open Juvenile	Juvenile Free Skate, Juvenile Free Dance or Preliminary Pattern Dance	Intermediate Free Skate Intermediate Free Dance or Bronze Pattern Dance	13-17	2:00 max
Intermediate	Intermediate Free Skate Intermediate Free Dance or Bronze Pattern Dance	Novice Free Skate Novice Free Dance or Pre-Silver Pattern Dance	17 and under	2:10 max
Young Adult	Juvenile Free Skate, Juvenile Free Dance or Preliminary Pattern Dance	Novice Free Skate Novice Free Dance or Pre-Silver Pattern Dance	18-20	2:10 max
Novice	Novice Free Skate Novice Free Dance or Pre-Silver Pattern Dance	Junior Free Skate Junior Free Dance or Silver Pattern Dance	No age restriction	2:10 max
Junior	Junior Free Skate Junior Free Dance or Silver Pattern Dance	Senior Free Skate Senior Free Dance or Gold Pattern Dance		2:30 max
Senior	Senior Free Skate Senior Free Dance or Gold Pattern Dance			2:40 max

<b>Event</b>	<b>Must meet requirements*</b> Must have passed Free Skate or Dance Test (solo or partnered, standard, adult, or masters track)	<b>Must not have passed</b> Free Skate or Dance Test (solo or partnered; standard, adult, or masters track) or higher	<b>Age</b>	<b>Time</b>
Adult Pre-Bronze (does not qualify for National Showcase)	Adult Pre-Bronze Free Skate OR Pre-Preliminary Free Skate	Adult Bronze Free Skate Adult Bronze Free Dance Preliminary Free Skate Juvenile Free Dance Bronze Pattern Dance	21 and older	1:40 max
Adult Bronze	Adult Bronze Free Skate Adult Bronze Free Dance Preliminary Free Skate Juvenile Free Dance Pre-Bronze Pattern Dance	Adult Silver Free Skate Pre-Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance (Prelim prior to 9/2/2000) Silver Pattern Dance	21 and older	1:40 max
Adult Silver	Adult Silver Free Skate Juvenile Free Skate (prior to 10/1/94) Pre-Juvenile Free Skate Adult Silver Free Dance Intermediate Free Dance (Prelim prior to 9/2/2000) 3 rd Figure (prior to 10/1/1977) Bronze Pattern Dance	Adult Gold Free Skate Juvenile Free Skate (on/after 10/1/94) Adult Gold Free Dance Novice Free Dance (Brz prior to 9/2/2000) 4 th Figure (prior to 10/1/1977) Pre-Gold Pattern Dance	21 and older	1:40 max
Adult Gold	Adult Gold Free Skate Juvenile Free Skate Adult Gold Free Dance Novice Free Dance (Brz prior to 9/2/2000) 3 rd Figure (prior to 10/1/1977) Pre-Silver Pattern Dance	Intermediate Free Skate (on/after 10/1/91) Junior Free Dance (Slv prior to 9/2/2000) 5 th Figure (prior to 10/1/1977) Gold Pattern Dance	21 and older	1:40 max
Masters	Intermediate Free Skate Adult Gold Free Dance Junior Free Dance (Slv prior to 2000) 3 rd Figure (Prior to 10/1/1977) 8 th Figure (10/1/77-9/30/79) Silver Pattern Dance		21 and older	2:10 max

\* For the US Adult Championships and adult sectional championships, skaters must meet the test requirements for the level at which they want to compete; rules 2540-2552 apply.; and the same level must be chosen for all showcase events at the competition (for example, a skater may not compete in Masters Dramatic Entertainment and Adult Gold Light Entertainment events at the same competition). Adult athletes wishing to be grandfathered into a higher level based on participation at the Adult Championships or National Showcase prior to 4/30/17 may make this request to the National Vice Chair for National Showcase. For all other competitions, skaters must compete at their test level or one level higher, per the above chart.